

Vermont Bird and Pollinator-Friendly Perennial Species List

Botanical Name	Common Name	Bloom Months	Early			Height	
			Spring	Summer	Late Summer		Fall
<i>Actaea pachypoda</i>	white baneberry	May-June		X		18-36"	
<i>Aquilegia canadensis</i>	canadensis red columbine	May-July	X	X		12-36"	
<i>Asarum canadense</i>	Canadian wild ginger	May-June	X			2-8"	
<i>Asclepias incarnata</i>	swamp milkweed	June-July		X		12-54"	
<i>Asclepias syriaca</i>	Common Milkweed	June-Aug		X		Up to 6.5 Ft	
<i>Aster cordifolius</i> (<i>Symphyotrichum cordifolium</i>)	Heartleaf Aster				X	X	Up to 3.2 Ft
<i>Aster divaricatus</i>	White wood Aster	Aug-Oct			X	X	Up to 3.2 Ft
<i>Baptisia australis</i> ¹	Blue False Indigo			X			Up to 4 ft
<i>Caltha palustris</i>	marsh marigold	May-June	X	X			10-22"
<i>Chamaecrista fasciculata</i> ²	Partridge Pea				X		Up to 3.5 ft
<i>Chelone glabra</i>	white turtlehead	July-Sept			X		28-36"
<i>Echinacea purpurea</i>	Purple Coneflower				X		Up to 4 ft
<i>Eupatorium perfoliatum</i>	Boneset				X		
<i>Eurybia macrophylla</i>	bigleaf aster	Aug-Oct			X	X	12-42"
<i>Euthamia graminifolia</i>	Flat-topped Goldenrod (C)				X	X	Up to 3.5 ft
<i>Gentiana clausa</i>	bottle gentian	Aug-Sep			X		18-24"
<i>Geum rivale</i>	water avens	June-July		X			14-24"
<i>Helianthus maximiliani</i> ¹	Maximilian's Sunflower				X	X	Up to 8 ft
<i>Lilium canadense</i>	Canada lily	June-Aug		X	X		3-5"
<i>Lobelia cardinalis</i>	cardinal flower	Aug-Oct			X		24-60"
<i>Maianthemum racemosum</i>	feathery false lily of the valley	May-June	X	X			16-32"
<i>Monarda fistulosa</i>	wild bergamont	July-Sep			X		24-46"
<i>Packera aurea</i>	golden ragwort	May-June	X	X			10-22"
<i>Rudbeckia hirta</i>	black-eyed susan	June-Sep			X	X	16-40"
<i>Schizachyrium scoparium</i>	Little Bluestem				X	X	
<i>Solidago caesia</i>	Blue-Stemmed Goldenrod				X	X	
<i>Solidago canadensis</i>	Canada Goldenrod	July-Oct			X	X	Up to 6.5 ft
<i>Solidago flexicaulis</i>	Zig-Zag Goldenrod				X	X	Up to 3.5 ft
<i>Solidago nemoralis</i>	Gray Goldenrod				X	X	Up to 3.5 ft
<i>Symplocarpus foetidus</i>	skunk cabbage	Apr-May	X				24-36"
<i>Tiarella cordifolia</i>	foamflower	May-June	X				4-14"
<i>Trientalis borealis</i>	starflower	May-June	X		X		4-8"
<i>Trillium grandiflorum</i>	white trillium	May-June	X				8-16"
<i>Uvularia grandiflora</i>	large bellwort	May-June	X				8-20"
<i>Verbena hastata</i>	Blue vervain	July-Sep			X		Up to 4.9 ft
<i>Vernonia noveboracensis</i> ²	New York Ironweed				X		Up to 4 ft
<i>Viola adunca</i>	hookedspur violet	May-July	X				3-6"
<i>Zizia aurea</i>	golden zizia	May-July	X				14-38"

¹ Not native to New England

² Not native to Northern New England

Pollinator-friendly plantings include Vermont native and naturalized wildflowers, forbs, grasses, shrubs and trees that serve as habitat, forage, and migratory way stations for pollinators. The Vermont Agency of Natural Resources recommends that pollinator-friendly plantings in Vermont avoid species that are not native to Vermont. This list was created in collaboration with the University of Vermont Gund Institute, Vermont Agency of Natural Resources, and Vermont Audubon, through their in-house expertise. See www.vtfishandwildlife.com for more plant resources.

